# Postdoctoral Fellowship in Early Childhood Integrated Behavioral Health UCSF Department of Psychiatry, Division of Integrated Behavioral Health Zuckerberg San Francisco General Hospital San Francisco, California September 1, 2024 – August 31, 2025

This postdoctoral fellowship is seeking qualified candidates to fill up to two available slots. The fellowship is housed within the UCSF at ZSFG Division of Integrated Behavioral Health as part of the pediatric behavioral health program and the UCSF Center for Advancing Dyadic Care in Pediatrics. The fellowship is offered in collaboration with the <a href="Multicultural Clinical Training Program (MCTP)">MCTP</a>) in the ZSFG Division of Infant, Child and Adolescent Psychiatry.

The one-year position focuses on supporting psychologists to cultivate clinical and systems leadership skills through a combination of direct clinical service provision, program development, research, teaching, professional consultation, policy analysis, and advocacy. Fellows will develop expertise in development, implementation, and evaluation of primary care-based early childhood integrated behavioral health services, including the <a href="HealthySteps">HealthySteps</a> model – an evidence-based integrated primary care model providing screening, care coordination, brief intervention, and comprehensive team-based care to families with infants and young children. Drawing from evidence-based, family-centered, culturally-attuned, and trauma-informed perspectives, the fellow will engage in a variety of activities designed to foster expertise in the core competencies of pediatric psychology and in the specific specialization of early childhood integrated behavioral health in primary care.

Our population is culturally- and linguistically-diverse, primarily publicly insured, and served within a large, FQHC academic medical center. Fellows will have formal policy/advocacy training and will have opportunities to participate in systems-level and technical assistance work focused on dissemination, advocacy and policy initiatives related to scaling early childhood integrated behavioral health services in California as part of the Governor's \$4.6B Master Plan for Kids' Mental Health, which includes implementing Dyadic Services as a Medi-Cal benefit.

### FELLOWSHIP STRUCTURE AND OFFFERINGS

This training experience will emphasize professional development to prepare fellows for independent practice as child clinical and pediatric psychologists. Fellows will spend approximately 60% of their time engaged in clinical service activities within the ZSFG Children's Health Center primary care clinic and the San Francisco Health Network. An additional 40% of their time will be dedicated to research and scholarship to support the UCSF Center for Advancing Dyadic Care in Pediatrics. Fellows will engage in program development and training efforts (e.g. professional consultation, program dissemination and evaluation) to support capacity building of publicly insured Integrated Behavioral Health programs across California. Examples of research work may include quality improvement studies, focus groups for community engagement and patient satisfaction, development and evaluation of best practices to expand pediatric integrated behavioral health programs, and examining mechanisms of change to support scaling of public health integrated behavioral health programs for families with young children.

Opportunities to participate in clinical group supervision, individual Spanish supervision, and a variety of didactic seminars through the UCSF Child and Adolescent Services Multicultural Clinical Training Program and the UCSF Child Trauma Research Program are available. Didactic seminars include professional development for child psychology fellows, policy and advocacy for child psychologists, and early childhood mental health continuum of care. Fellows engage in a variety of teaching opportunities with behavioral health and psychology interns, pediatric residents, and other allied health professionals. Individual clinical and research supervision will be provided by licensed clinical psychologists in accordance with requirements for licensure by the California Board

of Psychology. Upon completion of the fellowship, fellows will have met the postdoctoral training hours requirement for licensure as a clinical psychologist in the state of California.

# PROGRAMMATIC INFORMATION

The Integrated Pediatric Primary Care Behavioral Health program is a collaborative effort among the ZSFG Division of Integrated Behavioral Health, the Division of Infant, Child and Adolescent Psychiatry, and the Division of General Pediatrics at Zuckerberg San Francisco General Hospital. The program is part of a community-based and system-wide effort to integrate behavioral health into primary care clinics through the SF Department of Public Health. The pediatric integrated behavioral health team provides services in the context of a residency training clinic. Using the HealthySteps Model, the program seeks to facilitate early identification and treatment of mental and behavioral issues within a primary pediatric care setting, increase access to mental health services in an underserved population, and train health professionals in meeting the mental and behavioral health needs of children. The integrated pediatric behavioral health program is staffed by a transdisciplinary team that includes: psychologists, social workers, masters-level behavioral health clinicians, behavioral assistants, psychiatrists, pediatricians, postdoctoral fellows, psychology interns, pediatric residents, other health profession trainees, and staff from the Children's Health Center. The team provides developmental interventions, diagnostic assessments, medication evaluations, staff consultation and training, psychosocial and behavioral group and individual interventions, and recommendations for treatment of children and families across the pediatric lifespan.

# **CLINICAL TRAINING PROGRAM OVERVIEW**

The 2024-25 training year is scheduled to begin September 1, 2024, and end August 31, 2025. In collaboration with the Child and Adolescent Multicultural Clinical Training Program, fellows can take advantage of specialized training for individuals who are interested in multicultural issues as they are inextricably interwoven with mental and physical health and social justice issues. This training takes place within the context of a clinic and hospital with a clear commitment to serving ethnically diverse and economically disadvantaged communities. Funded by private donors through a specialized training initiative, the training program provides leadership in multicultural clinical training and works to reduce barriers that patients often encounter in their attempts to access culturally appropriate services.

### **Eligibility Criteria and Application Process**

- Candidates must have completed all requirements for their doctoral degree prior to beginning fellowship. Only graduates of an APA, CPA, or PCSAS accredited programs will be considered. Applicants should have completed a pre-doctoral internship accredited by the American Psychological Association (APA) or a member of the Association of Psychology Postdoctoral and Internship Centers (AAPIC).
- Candidates should have well-established clinical and research interests, and experience in pediatric psychology, child/family psychology, and/or behavioral medicine.
- Strong interest in working with underserved children in an urban context is a must. Prior experience is preferred.
- Candidates who are bilingual in Spanish are strongly encouraged to apply.

The application deadline is December 8<sup>th</sup>. Interviews will be conducted via Zoom in January and will consist of individual interviews and a group-based open house.

An additional **info session/virtual open house** will be offered December 6<sup>th</sup>, 2023 at noon PST via Zoom. Please use this <u>link</u> to sign up, if interested.

### **APPLICATION INSTRUCTIONS & SUBMISSION:**

To apply for a fellowship position, please submit:

1. Cover Letter

- 2. CV
- 3. Three letters of recommendation

Please e-mail your application materials in PDF format to our training coordinator, Lea Wager-Smith (lea.wagersmith@ucsf.edu).